



Meeting Minutes

February 15, 2024

Officers present: President Chuck Flowers, Treasurer Larry Harris, Secretary Leslie Garrett

Guest Speakers

Guest Speaker Mike Evans, Senior Services of Southeastern Virginia

Leslie Garrett opened the meeting with an introduction of the Guest Speaker. Mike Evans, Retired Navy.

Mr. Evans provided the below information for our group:

- SSSEVA provides:
 - Transportation to medical appointments and physical therapy (the cost is \$8 round trip)
 - Transportation to the grocery store
 - Transportation is handicap accessible, including those using a wheelchair.
 - Personal care and Home Maker assistance
 - This service is for 13 weeks/90 days.
 - There is a sliding fee scale.
 - Senior Companion Program (FREE)
 - They can take you to the store, play cards etc.,
 - Meals on Wheels (5 meals a week delivered 2 times a week) as long as the resident does not have a nurse more than 20 hours a week.
 - Meals on Wheels is only provided in Norfolk.
 - Senior centers in Chesapeake, Norfolk, and Suffolk provide help with tax preparation.
 - Farmers Markets are available at several locations.
 - Can help with some home repairs.
 - Have classes for technology-phone and computer.

Senior Services of Southeastern Virginia is funded through the state and is linked to Prime Plus.

Chuck Flowers provided the following:

- We are still doing some work to the webpage.
- There are 301 on our private email group maintained by a retired Police Sargeant
- There are 540 RCEAN members on our Facebook page.
- There are 280 on our RCEAN.org page.
- Meeting minutes will not be posted on the FB page.
- Business cards are in-they were handed out at the meeting for each of us to pass out to fellow Norfolk retirees to boost our RCEAN.org page and increase communication.
- Penny DeLoch is going to verify if the business cards can be handed to employees when they file for retirement.
- SSSEVA staff member Mike Evans indicated he can also pass out some cards.
- Please give business cards to beneficiaries
- The Titustown Recreation Center has expanded their hours. They are now open from 10 am to 6 pm.



- Our meetings will begin at 1130 am starting with the March 20th meeting.
- We will not be holding regular meetings in June, July, and August due to youth camps being held at the rec center.
- President Flowers will not be at the May meeting. Larry Harris, Leslie Garrett, and Arthur “Butch” Eason will organize and run the meeting.
- Members asked if it was possible to have a Saturday or evening meeting on occasion.

Penny DeLosh provided information regarding:

Summary data from the 2023 NERS Annual Report.

Funding Percentage 84.5%

Fund Balance \$1.245 Billion

Benefit Payments Yearly \$103.5 Million

Monthly Retiree Payroll \$9.7 Million

Definition of Beneficiaries – Widows-Widowers & others as designated by the retiring member.

Definition of “Vested” – Left the city with 5 or more years of service but have not reached the age for benefits.

Number of retirees receiving benefits including beneficiaries 4524

Number of vested members not yet receiving benefits 1596

Number of active employees still enrolled in NERS 2121 – These employees are still contributing 5% of their salary to the NERS fund. Note this number will not increase as the NERS system was closed with the city conversion to VRS.

The City is contributing 8.5 million a year from the Pension Bond Fund until the fund is depleted.

The next meeting will be March 21, 2024 at 1130 a.m.

The meeting was adjourned.